

mineral water

to help you stay

### Sierra Cazorla functional drinks Much more than Water



Sierra Cazorla Natural Mineral Water have developed a range of functional drinks which are made using their own mineral water and natural ingredients which help you take care of yourself naturally.

Evo. A diet isotonic drink, it hydrates with just half the sugar and calories of other isotonic drinks without losing that delicious lemon taste.

TeaW. Natural antioxidants, sugar free. For those who take care of themselves.

Ffib. Soluble fiber, no added sugar. For the proper working of your intestines, it works right from the beginning.

Beta6. Suitable for diabetics. Sugar free. It contains polifenols and bioflavonoids. A balanced diet and regular sports activities help reduce sugar and lipid levels in your blood.



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www.aguasierracazorla.com

# Cazorla

Natural Mineral Water

## A finely balanced mineral water like no other





#### Cazorla CATERING

Recognized Quality





## Not all waters are the same



pressure down.

Dry Residum:	430,7 mg/l
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Bicarbonates:	408,7 mg/l
Calcium:	78,6 mg/l
Magnesium:	48,5 mg/l
Sodium:	1,26 mg/l
Potassium:	0,46 mg/l
Silica:	5 mg/l
pH:	7,2

SODIUM Water that is low in sodium is especially suitable for preparing children's food. It is also ideal for low sodium diets and it helps to keep your blood

MAGNESIUM Magnesium helps to bind calcium and phosphorous to your bones and teeth. It acts to control your intestinal flora and helps your intestines and heart function properly.

\*Recommended amounts: 17-35 mg/litre

BICARBONATES Powerful digestive properties. Bicarbonates act to neutralice gastric secretions, so they stimulate and encourage proper digestion. Bicarbonates also helps to regulate the concentration of insoluble substances in your kidneys.

\*Recommended amounts: 200-500 mg/litre

CALCIUM Calcium plays an important role in strengthening your teeth and bones. It is specially recommended during periods of growth and in old age, by helping to protect your bones.



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#### Cazorla Premium Cazorla Flowers Collection





